



Advanced Practitioner Resources: *Provision Guides*

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content:	IUD Insertion in Nulliparous Patients

Overview

This document describes the protocol used by the CHOICE Project in inserting LARC in patients with no previous deliveries.

- ❖ If patient is using effective contraception or has been abstinent since LMP, **insert IUD today**.

- Do not open hormonal or non-hormonal copper IUD packaging until you are certain that you can get into the cavity and uterus sounds to ≥ 6 cm

- If unable to insert IUD, try the following:
 - See if another clinician is available for assistance
 - Try dilation with paracervical block
 - Have patient return on her menses
 - Give misoprostol 400 mcg per vagina before bedtime and have her return in the morning for insertion

- ❖ If patient has been having unprotected intercourse, refer to the [LARC Insertion Algorithm](#)