

Sexually Transmitted Infections



Chlamydia

You can catch it by having unprotected vaginal, oral or anal sex. Babies can get it from their mothers at birth. It is curable with antibiotic pills.

Gonorrhea

You can catch it by having unprotected vaginal, oral or anal sex. Babies can get it from their mothers at birth. It is curable with an antibiotic injection.

HIV/AIDS

You can get it by having unprotected vaginal, oral, or anal sex. You can also get it by sharing injection needles with a person who has HIV. Women with HIV can also pass it to their babies during pregnancy, delivery, and through breast milk. HIV/AIDS is treatable, there is no cure. However, medication is available to treat people with HIV/AIDS.

Syphilis

You can get it by having unprotected vaginal, oral, or anal sex with someone who has a sore or rash caused by the infection. Babies can also get it before or during birth if the mother is infected. Syphilis can be cured through Penicillin shots.

Trichomoniasis

You can get it by having unprotected vaginal, oral, or anal sex with an infected person. Trich can be cured with antibiotics; however you and your partner must be treated at the same time to prevent re-infection. You can't drink alcohol while taking this medication.

How to avoid Sexually Transmitted Infections

1. Limit your number of sex partners. Only have sex with one person, who only has sex with you.
2. Use a barrier method, such as condoms. Carry them with you so there will be no reason to have sex without them. Learn how to use them correctly.
3. Avoid exposure by abstaining from having sex.