

LARC FIRST Clinic Rooms: Supplies Necessary for an IUD Insertion



Normal Insertions

- GC/CT swabs
 - Speculums
 - Examination gloves
 - Sterile gloves
 - Antiseptic solution
 - Betadine
 - Hibiclens (for iodine allergies)
 - Lubricating jelly
 - Sterile tenaculum
 - Sterile metal sound
 - Os finder
 - Plastic sterile sound
 - Silver nitrate
 - Monsel's solution (rarely needed)
 - Sterile drape to place on Mayo tray
 - Urine Pregnancy Test
 - Ring forcep
 - Alligator forcep
- Cytobrush
 - Scopette's (Texas swabs)
 - Sanitary pad (light)
 - Cleansing wipes for the patient
 - Kleenex for patient comfort
 - Blood pressure cuff
 - Ammonia salts (in case of syncope)
 - Emesis basin (in case of vaso-vagal episode)
 - Cool wet paper towels
 - Cotton swab
 - Saline tube for Wet Prep collection

Complicated Insertions

- Dialators (Pratt can be used)
- Spinal needle for paracervical block 22G 15cm
- Lidocaine 1%
- 10cc syringe
- 18-20G needle

