



Contraceptive Counseling: *Training New Counselors*

modification date:	July 23, 2013
content:	Training Materials

Overview

This document contains the materials necessary for facilitators and trainees in the CHOICE contraceptive counseling training program. It should be used with the [Contraceptive Counseling Training Outline](#).

Facilitator Materials:

- Name tents for trainees
- Easel or wall to post newsprint
- Tape for newsprint
- Post-it notes
- Legal pad for note taking
- Newsprint
- Markers
- Instructions for ice breaker
- Materials for icebreaker activity
- Method Models
- Watch or small clock
- Two pocket folders for trainee packets (# of packets dependent on size of training group)
- Baseline Clinical Form Facilitator Scenario
- Completed Baseline Clinical Form Samples for each Patient Scenario (1-10, duplicate copies depending on training group size)
- Essential Counseling Techniques Examples
- Method Fact Sheets (Match with Baseline Clinical Form Patient Scenarios)
- Condoms for demonstrations (with tissues if using lubricated condoms)
- CHOICE Contraceptive Counseling Training DVD
- Flash drive
 - Open the Dialogue video
 - Pathway to Choice video
 - Essential Counseling Techniques video
 - Contraceptive Knowledge PowerPoint
 - What Method is Right for You? Video
 - Contraceptive Counseling Training Video
 - Chapter 1: “G”
 - Chapter 2: “A”
 - Chapter 3: “T”
 - Chapter 4: “H”
 - Chapter 5: “E” and “R”



Trainee Packet Materials:

- Training Agenda
- Contraceptive Counseling Goals and Expectations
- GATHER Process
- Baseline Clinical Form
- Baseline Clinical Form Instructions
- Patient Scenario (2 different ones in each packet)
- Contraceptive Counseling Script
- Menu of Contraceptive Options
- Essential Counseling Techniques
- Contraceptive Knowledge 101 Slide Set Handout
- Presenting to a Clinician Instructions
- Method Fact Sheet Instructions
- Contraceptive Counseling Observation Form
- Instructions on How to Use a Male Condom
- Evaluation Form (*if you choose to evaluate your training*)